

The value of reporting

Welcome to *Fujita Medical Journal (FMJ)*, the official international journal of the Fujita Medical Society. It is a pleasure to introduce this inaugural issue.

FMJ publishes original articles, short reports, reviews, case reports, and letters to the editor. It is a multidisciplinary journal, publishing articles from all fields of medicine and the health sciences. *FMJ* is an open access journal, available worldwide and welcoming submissions from around the world.

The foundation and progress of medicine rely deeply on knowledge gained from individual cases, and so we are emphasizing the value of case reports in *FMJ*. We invite the submission of interesting cases, especially those with unexpected or unusual presentation, diagnostic and management challenges, or implications related to pathophysiology. Case reports with educational value will be a key feature of *FMJ*. The use of color figures is also encouraged, and they will be published without additional fees.

In the 70 years since World War II, life expectancy at birth in Japan has increased by more than 30 years for both men and women. Together with a low fertility rate, this increased longevity is resulting in Japan becoming a highly aged society. Although Japan is one of the first countries to arrive at this stage of population aging, the trend is expected in other parts of the world as well. We expect to publish articles from Japan on the experiences of health care and services in meeting the needs of a progressively aging population. Examples include practices in the integrated community care system (network), prevention and rehabilitation of frailty, and end-of-life decision-making.

Although avoiding premature death remains a significant issue, reducing morbidity throughout old age to achieve the longest possible healthy life expectancy has become a public health priority, partly owing to the urgent problem of growing health expenditures. One approach to reducing morbidity in old age could be to put more emphasis on disease prevention from a much younger age. More interventional studies and omics investigations related to precision medicine are needed. Our hope is that that *FMJ* will become a forum for related trials and investigations, connecting research seeds with potential needs in the medical community.

Once again, we would like to invite your submissions and correspondence. We value scientific soundness of methods, correct reporting, and ethical compliance more than mere novelty or the significance of findings. To assure scientific rigor, manuscripts will typically be reviewed by editors and two reviewers. We especially encourage researchers, doctors, and health care professionals from the Fujita Medical Society to contribute to *FMJ* by sharing their insightful observations, experiences that have educational value, and innovative ideas.

Finally, we would like to express our sincere appreciation to Professor Shuji Hashimoto, who has contributed most to the inauguration of *FMJ* as Chief of the *FMJ* establishment committee and as an executive in charge of finance of the

Fujita Medical Society. We also thank Dr. Naoki Yamamoto, Ms. Shiho Nakashima, Ms. Yukari Morita and Mr. Satoru Kokubo of the editorial office and the *FMJ* establishment committee. We are grateful to the reviewers who have devoted their invaluable time and effort to the review of manuscripts. Without the irreplaceable help of reviewers, we will not be able to sustain *FMJ*.

The cover of *FMJ* cites in Esperanto the words of the founder of the Fujita Health University, the late Professor Keisuke Fujita: "NI KURACISTOJ, SINO FERU AL MEDICINO KUN SENLIMA SIMPATIO POR MALFORTULOJ KAJ ĈIAM KUN NENIA AROGANTECO." This basic principle of the Fujita Health University means: "We doctors must devote ourselves to medicine, with unlimited sympathy for the weak and without any arrogance." In other words, it is inevitable that patients will feel weak and helpless. Indeed, they are weak, and they are innately dependent. We health professionals should ruminate on this, and we must develop endless compassion for our patients. We should never be vain or lose our humility.

Reporting is a way of expressing our respect for patients. If cases are not recorded, there will be no proof of their existence.

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