What is Coronavirus?

Kid friendly version

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Do you know viruses?

Viruses are a type of tiny, tiny germs which can’t be seen with our eyes. They infect humans and animals, causing diseases.
One of these viruses is the new coronavirus that’s all over the news.

Coronavirus is the cause of “common cold” among kids and adults, presenting with fever, sneezing and cough.
Coronaviruses are passed on from one person to another through sneezing and coughing. They can spread through the germs on your hands, too.
There’s a lot of different types of coronaviruses. The new coronavirus, which was found in China in December 2019, has been spreading to Japan and many other countries.
Good news! It seems like this new coronavirus doesn’t do well with kids.

You can’t beat me!

Even if kids are infected, they only develop symptoms of a mild cold.
However, if elderly people or people with diseases catch this virus, it’s a big problem.

They could suffer from serious infections, sometimes leading to death.
We need to prevent the new coronavirus from spreading in order to protect ourselves, family and people around us.

Don’t worry!
There are things we can do to fight against this virus.
Beating the coronavirus: Step 1

Hand washing
Wash your hands often with soap and water or use alcohol hand sanitizer to get rid of germs, especially after being in the public spaces.
If you’re going to cough, do it properly

When coughing or sneezing, cover your nose and mouth with your arm or a tissue. If you have cough or sneeze a lot, wear a mask.
Beating the coronavirus: Step 3

Good sleep is important!

Stay home when you are feeling sick
Stay home and avoid being in public spaces when you don’t feel too good. If you go out with a weak body, you might risk giving or getting the coronavirus.
Let’s follow the three “Beating the coronavirus” steps with your family, so this virus won’t spread.

Everyone can play a big role in stopping the coronavirus. Your actions are important!