## **International Lymphoedema Framework Japan**

#### Greetings

The purpose of this branch is to introduce the resources published by the ILF to Japan and to promote the uniformization of Japanese lymphoedema management through academic activities such as participation in ILF meetings. We plan to establish a medical system that can prevent even a single patient from suffering from lymphoedema or any deterioration in quality of life caused by lymphoedema and disseminate Japanese excellent lymphoedema management technique to the world.

## Online free-access journal "Lymphoedema Research and Practice"

**Description:** To provide towards a better management of lymphedema and chronic oedema and related disorders. Original peer-reviewed articles examine these topics in hospital, home, and long-term care settings.

Lymphoedema Research



#### Journal link



**President** Prof. Hiromi Sanada The University of Tokyo



International advisor Prof. Christine Moffatt Nottingham Trent University



*Editor* Prof. Junko Sugama Fujita Health University



## **International Lymphoedema Framework Japan**

#### **Board members**









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Dr. Misako Dai



Website



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# WWW.IIFJ.jp THE WORLD'S FAVOURITE LYMPHOEDEMA NEWSPAPER - Since 2011

## Important activities of ILF Japan in 2022

#### 1. Organizing the annual conference

Dr. Akitatsu Hayashi from Kameda Medical Center, who is a board of directors of ILF Japan, organized the 10th annual conference on 4th September 2021 via online. 100 practitioners and researchers attended this conference.



Dr. Hayashi from Kameda Medical Center



Symposium in the conference

#### 2. Publishing the open access journal; "Lymphoedema Research and Practice"

The Journal which is published two research articles and one travel in the current issue (vol. 9. no.1); https://www.ilfj.jp/file/toukou-9-1.pdf

Review

## Interventions for the management of lower extremity edema in the elderly people: A review

Fumiya Oohashi, MSN, RN<sup>1)2)</sup>, Yuko Imakata, MSN, RN<sup>1)2)</sup>, Yuiko Suzuki, MSN, RN<sup>1)3)</sup> and Junko Sugama, PhD, RN<sup>4)</sup>

Research

## Effects of vibration on chronic leg edema in chair-bound older adults: A pilot trial

Sayumi Tsuchiya, MHS,  $RN^{1}$ , Aya Sato, PhD, RN,  $WOCN^{2}$ , Terumi Ueda, PhD,  $RN^{3}$ , Misako Dai, PhD, RN,  $CLT^{4}$  and Mayumi Okuwa, PhD,  $RN^{5}$ 

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## International Collaborative projects in 2022



Latest article was published in Lymphatic Research and Biology

LYMPHATIC RESEARCH AND BIOLOGY Volume 19, Number 5, 2021 Mary Ann Liebert, Inc. DOI: 10.1089/lrb.2021.0056

Association Between Access to Specialists and History of Cellulitis Among Patients with Lymphedema: Secondary Analysis Using the National LIMPRINT Database

Misako Dai, PhD, RN, CLT,<sup>1</sup> Gojiro Nakagami, PhD, RN,<sup>2,3</sup> Aya Sato, PhD, RN,<sup>4</sup> Hiroe Koyanagi, PhD, RN, WOCN,<sup>1,i</sup> Masushi Kohta, PhD,<sup>1</sup> Christine J. Moffatt, PhD, MA, RGN, CBE<sup>5,ii</sup> Susie Murray, MA,<sup>6</sup> Peter J. Franks, PhD,<sup>6</sup> Hiromi Sanada, PhD, RN, WOCN, FAAN,<sup>2,3</sup> and Junko Sugama, PhD, RN<sup>1</sup>





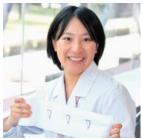
Dr. Gojiro Nakgaami Dr. Misako Dai

Young researchers completed and data analysis are preparing an article. Our data was presented in the 10<sup>th</sup> ILF Japan conference.

### **Genital Oedema Project**

Young researchers joined this projects! Our data was presented in the 10<sup>th</sup> ILF conference.





Dr. Sayumi Ichihashi (Tsuchiva)

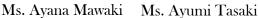
Dr. Terumi Ueda

Children and young people with lymphoedema: Quality of life tool validation

Young researchers joined this projects! Investigation will be started soon in Japan.









Dr. Hiroe Koyanagi